Fountain Hills June - July 2000 Published by the Town of Fountain Hills

Parks and Recreation

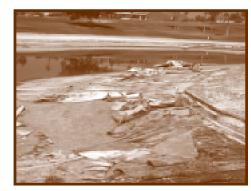
The Future of Fountain Park

In December 1970, the town's centerpiece and namesake was turned on for the first time in Fountain Lake. Since then, the fountain at Fountain Park has marked the hour, celebrated countless special events and occasions, and provided an incredible photo opportunity for residents and visitors from all over the world.

In preparation for its 30th anniversary, Fountain Park and Lake are embarking on major renovation projects that will not only enhance the park, but assist in the permanent solution to the community's effluent disposal problem. The Town's Engineering Department, Parks and Recreation Department, Fountain Hills Sanitary District and Black and Veatch have

combined their efforts to coordinate multiple improvement projects in the Town's premier amenity including the ground water recharge project, the Fountain Lake liner replacement project, and Phase I and II improvements to Fountain Park.

Earlier this spring, the Sanitary District began drilling wells in Fountain Park as part of the ground water recharge project. These wells will provide an integral element of the aquifer storage wells system which, when completed, will replace



Fountain Lake as the main storage facility for the town's effluent. The new system will also allow the release of land currently needed for effluent disposal, allowing development to begin in the downtown area.

Shortly after May 7, the fountain will be shut down to allow for the total drainage of the lake and the ultimate replacement of the lake liner. The aquatic life will be relocated, sediment will be removed and the liner replaced with a technically advanced, high-density polyethylene geomembrane. The refilling process will begin November 1 in conjunction with testing of the aquifer storage system.

Continued on page 2

Fireworks at Fountain Park Cancelled

The Parks and Recreation Department has cancelled its plans to sponsor the annual Fourth of July fireworks event at Fountain Park this year.

The cancellation is a result of numerous construction projects that will be taking place at Fountain Park beginning this summer. Specifically, the lake liner project will affect the entire park, from the draining of the lake to the heavy equipment that will be located throughout the park. Additionally, the Fountain Hills Sanitary District is also implementing an Aquifer Storage and Recovery Project that will affect various areas in the park.

The Town would like to resume sponsoring the event in 2001, at which time the lake liner project, the Sanitary District project, and the initial redevelopment of the park will be complete.

Continued on page 2

Safety Tips for Walkers and Runners

Each year more and more people take up running and walking because it is a quick, inexpensive way to stay fit and enjoy all the beauty that Fountain Hills has to offer. Here are a few pointers to make your runs or walks more enjoyable and potentially prevent a crime.

Before you leave, plan your outing; always let someone know where you will be going and how long you will be gone. Stay alert at all times, because sometimes runners and walkers get lulled into "the zone" where they are focused on their exercise and lose track of what's going on around them. This makes runners and walkers vulnerable to attacks.

Always stick to well traveled, well lit streets. If you suspect someone may be following you, change your direction and head toward an open store, restaurant or a lighted house. If you are scared then yell for help. Always stay alert and aware of your surroundings.

If someone tries to rob you, don't resist. Give up your property, don't give up your life. Then report the crime to local law enforcement as soon as possible. Try to describe the attackers accurately. Your actions can help prevent others from becoming victims.

Over the past few years cities like New York and Chicago have had a decrease in violent crimes, almost 4.5%. While Arizona's violent crimes have increased by 2% or approximately 448 incidents.

Make your neighborhood a safer place to live by reporting any unsafe conditions, suspicious activity, broken streetlights or start a neighborhood watch. Together we can make a difference.

Fountain Park

(continued from page 1...)

June will see the demolition and reconstruction of the restroom and control buildings in the Park as well as four picnic ramadas. Additional phases of Fountain Park improvements including the sidewalk/trail system will be scheduled next year following the completion of the groundwater recharge and liner replacement projects. All of the projects are being carefully coordinated to avoid disturbance of improved areas.

The Park will also benefit from the commercial development of the Plaza Fountainside at the corner of El Lago and Saguaro Boulevards. As part of their project, Victoria Properties Management is constructing onsite and offsite parking for approximately 289 parking spaces that will improve accessibility to the Park. They are also participating in a project with the Town to construct a 500 linear foot culvert, expanding the useable recreation area in the Park.

Although the Park will be closed to the public for the duration of these projects and the construction process will not be "postcard material", the end result will provide the community with benefits that far outweigh the temporary inconveniences. So in the interim, "please excuse our dust" and join us in looking forward to an exciting future for Fountain Park!



Fireworks

(continued from page 1...)

The Town has been sponsoring the Fourth of July fireworks, which includes entertainment and vendors, for the past five years. As many as 10,000-15,000 residents and visitors attend the annual event each year in Fountain Hills.

Fountain Hills' residents are encouraged to attend the annual July 4th event sponsored by the Ft. McDowell Indian Community or one of the many fireworks displays at various locations throughout the Valley.

Hot Environments

Excessive exposure to a hot environment can bring about a variety of heat-induced disorders. Because so many heat disorders involve excessive dehydration of the body, it is essential that water intake during the day be about equal to the amount of sweat produced. Most people who are exposed to hot conditions drink less fluids than needed because of an insufficient thirst drive, therefore, they do not depend on thirst to signal when and how much to drink. You should drink 5 to 7 ounces of fluids every 15 to 20 minutes to replenish the necessary fluids in the body.

Heat Stroke

Heat stroke is the most serious of health problems associated with hot environments. A heat stroke victim's skin is hot, usually dry, red or spotted. Body temperature is usually 105F or higher; the victim is mentally confused, delirious or unconscious. Unless the victim receives quick and appropriate treatment, death can occur.

Call "911" immediately, remove the victim to a cool area, thoroughly soak the clothing in water, and vigorously fan the body to increase cooling.

Heat Exhaustion

Heat exhaustion is caused by the loss of large amounts of fluid by sweating, sometimes with excessive loss of salt. A person suffering from heat exhaustion still sweats but experiences extreme weakness or fatigue, giddiness, nausea or headaches. The skin is clammy and moist, the complexion is pale or flushed and the body temperature is normal or slightly elevated.

Call "911" immediately, have the victim rest in a cool place and drink plenty of fluids.

Heat Cramps

Heat cramps are painful spasms of the muscles that occur among those who sweat profusely in heat, drink large quantities of water but do not adequately replace the body's salt loss. The affected muscles may be part of the arms, legs, or abdomen, but tired muscles are usually the ones most susceptible to cramps.

Taking salted liquids by mouth may relieve heat cramps.

*Persons with heart problems or those on a low sodium diet who are in hot environments should consult a physician in order to determine if any side effects could occur during heat exposure.

Brush Fire Safety Tips

Throughout the winter and spring, heavy rains produce lush desert foliage. During the summer months the harsh Arizona winds and sun quickly turn them into a dangerous fire hazard.

- § Anyone who discovers or accidentally starts a brush fire should call for help immediately by dialing "911" and stay away from the flames.
- § If a brush fire is threatening your home, evacuate all family members and pets, and call "911" from a safe place.
- § Keep dead grass and weeds cleared at least 30 feet from any building.
- § Never stack firewood or anything combustible next to your home.
- § Clean dead foliage and palm from plants and trees surrounding your home.
- § Burning without a permit is a misdemeanor in Maricopa County, punishable by fines. Consider hiring a professional to remove dead leaves, branches and weeds from property rather than trying to remove them by burning.
- § Deposit all cigarette butts in a proper disposable container. Never throw a cigarette butt onto the ground, or out of the window while driving.

Follow these safety tips to prevent brush fires from harming you and your family.

Summer Clubhouse 2000

Don't miss out on the best summer camp in Fountain Hills! Sponsored by the Fountain Hills Boys and Girls Club and Parks and Recreation, the Summer Clubhouse is the place to be! Kids will have opportunities to learn arts and crafts, play games, go on trips, enjoy special events, and much more! Spend the summer wih friends and have a time you will not forget. Participants can pre-register for the entire summer, week to week, or drop-in daily. Registrations are being accepted by the Boys and Girls Club until May 25 and at the Summer Clubhouse beginning May 31. You may also register at the FHUSD Summer School registration sessions on May 5, May 12, & May 19.

Where: Fountain Hills H.S. Cafeteria

Dates: Monday - Friday, May 31 - July 21, 2000

Times: 7 a.m. - 6 p.m. Ages: 6-14 years old Fee: \$60 per week

Contact: Valerie Ahern, 816-1974 or Corey Hromek, 816-5170



Summer Field Trips

Want to get out of Fountain Hills and have some fun? Sponsored by the Fountain Hills Boys and Girls Club and Parks and Recreation, the Summer Field Trips will visit some of the



coolest spots in Arizona all summer long! Check out museums, water parks, and much, much more! Trips are for kids ages 6-14. All registrations will be taken at the Summer Clubhouse the day prior to the trip! Contact Amy Silverman at 816-5168 for more information.

Date	Time	Destination	Fee
June 6	9:00 a.m 3:00 p.m.	Castles 'N' Coasters	\$20
June 8	9:00 a.m 3:00 p.m.	Mesa Southwest Museum	\$10
June 13	9:00 a.m 5:00 p.m.	Sunsplash	\$25
June 15	1:00 p.m 3:00 p.m.	Pottery Garden & Baskin Robbins	\$10
June 20	10:00 a.m 5:00 p.m.	Ed Debevic's & A Movie	\$25
June 22	9:00 a.m 5:00 p.m.	Big Surf	\$25
June 27	10:00 a.m 3:00 p.m.	Laser Quest	\$25
June 29	8:00 a.m 3:00 p.m.	IMAX & Rainforest Cafe	\$25
July 6	9:00 a.m 5:00 p.m.	Big Surf	\$25
July 11	9:00 a.m 5:00 p.m.	Out of Africa & Dairy Queen	\$15
July 13	9:00 a.m 1:00 p.m.	Sunsplash	\$25
July 18	9:00 a.m 3:00 p.m.	Arizona Science Center	\$20
July 21	9:00 a.m 4:00 p.m.	Mighty Mud Mania	\$5

Learn To Swim 2000

Club Mirage and the Parks and Recreation Department are working together again this summer to offer swimming lessons for youth. We follow the American Red Cross Learn to Swim Lesson Program.

Water Babies - infants (min.6 months) and preschoolers - Parents are taught techniques and skills to help kids develop a high comfort level in and around water. Techniques include water entry and breath control.



<u>Star Fish</u> - Learn to Swim Level 1- Water Exploration - Children are oriented to the aquatic environment and taught elementary skills. Techniques include entering and exiting water independently, full submersion to retrieve underwater objects and basic breath control.



<u>Seals</u> - Learn to Swim Level 2 - Primary Skills (requires Level 1 certificate). Children learn primary skills and apply techniques to improve swimming strokes. Techniques include unsupported front and back float and glide and flutter kick on front and back.

<u>Dolphins</u> - Learn to Swim Level 3 - Stroke Readiness (requires Level 2 certificate). Children improve on their stroke skills and learn to combine the components of the front crawl and back crawl. Techniques include bobbing in deep water, gliding with push-off, and reverse direction swimming.

Sessions are one week long, with classes meeting 3-4 days per week and range from 30-45 minutes. Cost per session is \$30 per participant. For a complete schedule of sessions and class times, stop by Parks and Recreation or call Michelle Carlson at 816-5124 with questions.

Tiny Tot Toddler Fun

Do you have children between the ages of 3 and 5 years old? If you enjoy socializing in a one-on-one setting with your child and other parents and tots, then sign up for the funnest class in town! Tiny Tots is offered on a monthly basis and focuses on having fun, making creative take-home projects and getting messy! Each child must be accompanied by an adult.

Where: Kiwanis Activity Center Saturdays, June 24 Date:

& July 22, 2000

Time: 10:30-11:30 a.m. Ages: 3-5 years old Fee: \$10 per participant

Contact: Amy Silverman, 816-5168



This program, offered every Tuesday this summer, will provide students with a chance to get out of the summer heat. For three hours each week, there will be bowling, music, food and raffle prizes! Three strikes here doesn't mean you're out of the fun!

Where: Fountain Bowl

Dates: Tuesdays, May 16 -August 15, 2000

6:30 - 9:30 p.m.

Ages: 11 years old & up Fee: \$7 per participant

Contact: Corey Hromek, 816-5170

Teen Excursions

Times:

Let's get out of town! Join us each month as we take trips to various locations throughout the Valley and get crazy! Play video games at GameWorks, learn to ice skate at the Ice Den, or ride roller coasters and play miniature golf at Castles and Coasters. All Middle School and High School students welcome! Space is limited, register early. For more information, contact Amy Silverman at 816-5168.

What: Diamondbacks/Brewers Game Date: Friday, May 26, 2000 Time: 5:30 - 10:30 p.m.

Cost: \$15

What: Big Surf

Date: Friday, June 9, 2000 Time: 9:00 a.m. - 5:00 p.m. Cost:

\$25



What: Phoenix Covotes Ice Den Date: Friday, July 14, 2000

Time: 5:00 - 10:00 p.m. Cost: \$15

Summer Reading for Fun!

Parks and Recreation, in partnership with the Fountain Hills Library, are happy to offer the Annual Summer Reading for Fun program. Each child registered will receive a gameboard. There will be weekly entertainment and crafts. Those children who finish the program will be entered in a fun raffle at the conclusion of the summer! The kickoff is May 22...Everyone wins! See you there!

Where: Fountain Hills Library Dates: May 22 - July 29, 2000 Times: Weekly Library hours Ages: 3 years old & Up

Fee: No Charge

Contact:



Calling all Fountain Hills teenagers! Come out to Golden Eagle Park every Wednesday night, all summer long for Party in the Park. We will have a DJ, special events, and soda while you hang out with friends and play hoops or volleyball, or whatever!

Where: Golden Eagle Park Wednesdays, May 17 Date:

August 16, 2000

Time: 6:30-9:30 p.m. Ages: 11 years old & up

Fee: No Charge Amy Silverman, Contact:

816-5168

Teen Adventure Series

This exciting program offers students a chance to get out of town and try some activities possibly never tried before. Whether it's horseback riding in the Superstitions, indoor rock climbing, or a daring game of laser tag, you're sure to have a blast! All Middle School and High School students are welcome! Registration has already started, so don't hesitate! For more information, contact Amy Silverman at 816-5168.

What: Castles 'N' Coasters Date: Friday, June 30, 2000 Time: 5:00 - 10:30 p.m.

Cost: \$15

What: Slide Rock State Park Date: Saturday, July 8, 2000 Time: 9:00 a.m. - 5:00 p.m

Cost: \$5

What: Chandler Skate Park Friday, July 21, 2000 Date:

Time: 5:00 - 10:00 p.m.

Cost: \$5

What: Skateland

Friday, July 28, 2000 Date: Time: 6:30 - 10:30 p.m.

Cost: \$10





Gymnastics

Your child will learn the basics of gymnastics in a fun, recreational atmosphere. Participants will learn cartwheels, walkovers, handsprings, and more!

Where: Four Peaks Elementraty School -

Multi Purpose Room

Dates: Monday-Thursday, May 30 - June 22, 2000

Times: Beginners: 10 a.m. - 11 a.m.

> Intermediate: 11 a.m. - 12 p.m. Advanced: 12 p.m. - 1 p.m.

Ages: 5-11 years old Fee: \$75 per participant Contact: Milo Bonnin,

816-5132

Karate Kids

This program will teach martial arts techniques and philosophy to beginners. Utilization of the entire mind and body along with having a good attitude is the focus of the course.

Where: Power Station Karate, Massage & Fitness Session II: July 10 - August 18, 2000 Dates:

Times: Beginners: 4-6 years: Fridays, 4:45-5:15 p.m.

Beginners: 7-12 years: Fridays, 4:00-4:45 p.m. Intermediate: 4-6 years: Mondays, 4:00-4:45 p.m.

4-6 & 7-12 years old Ages: \$32 per participant Instructor: Rick Iacomacci Contact: J. Milo Bonnin,

816-5132

Coed 6-on-6 Sand Volleyball

Come out and play in the sand! This league is for players who love to have fun in the sun. The league will consist of a round-robin play followed by a double elimination tournament. Come on out and see who is King of the Beach!

Where: Golden Eagle Park - Volleyball Courts

Date: Sundays, June 18 -

August 13, 2000 Time: Games begin at 7 p.m. Ages: 18 years old & up

Fee: \$140 per team

J. Milo Bonnin, 816-5132 Contact:

Kiddie Rhythmics

Register your child for a basic Romper Room style, energy-releasing, social time! Children practice tumbling moves while singing songs, making friends and playing games with a parachute.

Where: Community Center

Fridays, June 2 -23, 200 Dates:

Times: 2:30 - 3:30 p.m. 3-5 years old Ages: \$24 per participant Fee: Contact: Amy Silverman,

816-5168



Open Basketball

This is an opportunity to get out of the heat and show off your skills during the hot summer months. Come join in a pick-up game or just shoot around. This program is free for kids 17 and under. Adults are welcome for \$1!

Where: Fountain Hills H.S. Gymnasium Dates: Sundays, Mondays & Thursdays

May 30 - July 6, 2000

Times: 6-10 p.m. Ages: All ages

Fee: 17 & Under - No Charge

18 & Up - \$1

Milo Bonnin, 816-5132 Contact:

Junior Golf Clinic

A golf clinic especially for children and teens, which is designed to teach basic golfing techniques while helping to improve their game. Have fun while learning the game of golf.

Where: Desert Canyon Golf Club

Dates: Session I: June 5 - June 8, 2000

Session II: July 3 - July 7, 2000

Session III: July 31 - August 3, 2000 Times: 7 -8 a.m. (ages 8-12)

8 - 9 a.m. (ages 13-17)

8-17 years old Ages: Fee: \$25 per participant

Milo Bonnin, 816-5132 Contact:

Coed & Men's Softball

Teams participate in a recreational league on weekday evenings. This is a great way to get some exercise and have fun with friends. Teams play double-headers each night. The season consists of 14 regular season games followed by a single-elimination tournament.

Golden Eagle Park Where:

Date: Mondays - Coed League

> Tuesdays - Men's League June 19 - August 15, 2000

Registration deadline is June 9, 2000

Time: Games begin at 6:15 p.m. Ages: 18 years old & up

\$370 per team J. Milo Bonnin, 816-5132 Contact:

Fee:

Fountain Hills Youth Sports Organizations

Contact the following organizations for more information on registration and/or the upcoming season.

Pop Warner Football & Cheerleading 602-530-5497

or: www.fhpopwarner.com

Horton Creek Trail Hike

This forested trail follows Horton Creek to Horton Springs, which gushes from the hillside of the Mogollion Rim. This trail is approximately eight (8) miles roundtrip and is moderate in difficulty.

Where: Horton Creek Trail

Leave From Town Hall Parking Lot

Date: Saturday, June 3, 2000 Time: 7:30 a.m. - 5:00 p.m.

Contact: Bryan Hughes, 816-5135



Recreation & Parks Month

July is National Recreation and Parks Month. This year, kids in the summer clubhouse will create artwork depicting their favorite recreational activities. Come and see what these kids and their families like to do in their leisure time.

Where: Community Center

Monday-Friday, July 3 - 28, 2000 Dates: Times:

Ages: All ages No Charge Fee: Evelyn Breting, Contact:

837-9306



Friday Bridge

Come play the exciting game of bridge every Friday. Players do not need a partner to participate.

Where: Community Center Friday, 10 a.m. -1 p.m. Time:

Fee:

Contact: Evelyn Breting,

837-9306



Photography

Say Cheese! Learn to point and shoot with confidence with a photography class. Topics include: camera operation, shutter aperture, lighting, films and more. Special classes will be offered on landscape, animals, and photographing people.

Where: Community Center

Date: Mondays, June 5 - 26, 2000

Time: 7:00 - 8:00 p.m.18 years old & up Ages: Fee: \$25 per participant Instructor: Kelli Williams

Bryan Hughes, 816-5135 Contact:







Fountain Hills Parks and Recreation Program Registration & Release of Liability

Please PRINT

Program Offerings

Main Contact							
Address				City _	:	State Zip	
Home Phone	Work Pho	one			Emergency Phor	ne	
Participant's Name	Birth Date	Sex	Grade	T-shirt Size	Program Title	Program Date(s)	Fee
Please make checks payable to: The Town of Fountain Hills				TOTAL			

Send to: Parks and Recreation Department, ATTN: Program Registration, P.O. Box 17958, Fountain Hills, AZ 85269 OR Deliver to: Town Hall, 16836 E. Palisades Blvd., Building A

IF YOU REQUIRE SPECIAL ACCOMMODATIONS, PLEASE CALL 837-2003 (VOICE) OR 1-800-367-8939 (TTD)

		For Office Use Only
Check #Staff	Date Rec	eived
CashStaff	Check #	
	Cash	Staff

I understand that no medical insurance is provided for Town of Fountain Hills activities and agree to assume the risk for any injury related to my participation or the participation of my dependents. I agree to make no claims against the Town of Fountain Hills or any of it's officers, employees, or volunteers for any injury or incident arising from this activity, however caused,

Signature of Participant (or parent/guardian if participant is under 18)	Date
involved in this activity and I agree to pay for it. I realize that the Town of Fountain Hills is not responsible for lost or stolen articles.	
including liability for negligence. I am physically able for my dependent is physically able) to participate in this activity. I consent to any medical fleatinent my dependent is physically able to participate in this activity.	muent needs wille

Senior Center Activities

The Senior Activity Center offers classes and events for adults of all ages. The Center is located in the Kiwanis Activity Center, 16957 Kiwanis Drive. Hours for the month of June are Tuesday through Friday, 9 a.m. to 4 p.m. In July and August the Center will close at noon on Fridays. Here's a partial listing for the months of June and July, 2000.

Art Classes & Experiences:

In June an intergenerational class for grandparents and grandchildren (or other young friends) will be offered. Fun activities will include collage, memory booklets and painting - "decorating" - garbage cans for Kiwanis Park. Other art activities planned for the summer include van trips to the "cool country" to paint the great outdoors or to be inspired by it. Some "regular" art classes will also be available.

Bocce Ball Fridays, 1-3 p.m. & Tuesdays, 9-11 a.m.; ongoing

Cards & Poker Fridays; 9 a.m.-12 p.m.; ongoing

Fishing Club Mondays, early morning; call for information

Line Dancing Thursdays; 9:15-10:15 a.m.; ongoing

Low Impact Aerobics Tuesdays & Thursdays, 10:30-11:30 a.m.; ongoing

Movies at the Center Thursdays, beginning May 4, 2-4 p.m.

Strength Training Tuesdays & Thursdays; 11:30 a.m.-12:20 p.m.; ongoing

"60 'n Single" for Women 2nd & 4th Wednesdays each month, 1-3 p.m.

Table Talk for Women Thursdays; 1-3 p.m.; ongoing

Travel-Trips-Excursions:

Call for the latest schedule. Days trips and longer trips. Some trips that will be offered include: shopping and eating out in the Valley, museums, special events, ball games, trips to the "cool country" for the day.

Wood Carvers Carve-Along Fridays, 1-4 p.m.; ongoing

For fees, if applicable, or for scheduling information, please call the Senior Center at 816-5888. Ongoing services provided by or referred by the Center include: benefits counseling (Social Security and Medicare), Home Delivered Meals, grief support group and connection to other resources.

How to Contact Us

Town Hall:
Parks & Recreation:
Marshals Department:
Sheriff's Department:
Fire Department:
Public Library:
Community Center:
Senior Center:
Chaparral City Water Company: 480-837-9522
Fountain Hills Sanitary District: 480-837-9444
Fountain Hills Unified School Dist #98: 480-837-0693



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